GRILLED CHICKEN BREAST

香烤雞胸肉

SERVED WITH BABY BROCCOLI [cal,270] OR COrn [cal.280] 配西蘭花或粟米粒

CRISPY CHICKEN

脆香雞肉

SERVED WITH HERB RANCH KETCHUP AND YOUR CHOICE OF BABY BROCCOLI [cal.590] OR COrn [cal.610] 配香草醬,茄汁,及可選配西蘭花或粟米粒



ORIGINAL BBO CHICKEN

原味燒烤雞肉薄餅

[cal.590]

BBQ SAUCE, CHICKEN AND MOZZARELLA 秘製燒烤醬、雞肉及馬蘇里拉芝士

HAWAIIAN

夏威夷風味薄餅

[cal.580]

PINEAPPLE, APPLEWOOD SMOKED HAM, TOMATO SAUCE AND MOZZARELLA 菠蘿、煙火腿、秘製蕃茄醬及馬蘇里拉芝士

TRADITIONAL CHEESE

傳統芝士薄餅

[cal.560]@

TOMATO SAUCE AND MOZZARELLA 秘製蕃茄醬及馬蘇里拉芝士

PEPPERONI

意大利辣肉腸薄餅

[cal.600]

DEPPERONI, TOMATO SAUCE AND MOZZARELLA 辣肉腸、秘製蕃茄醬及馬蘇里拉芝士







CPK SALAD

CPK沙律

[cal.260]

CRISP ROMAINE TOSSED WITH YOUR CHOICE OF DRESSING AND TOPPED WITH CHEDDAR GOLDFISH®

爽脆羅馬生菜配自選醬汁,配上芝士金魚仔餅乾

CURLY MAC'N' CHEESE

芝士扭紋粉

[cal.820]

CASARECCE PASTA

扭紋粉

CHOICE OF: 可選配

MEAT SAUCE [cal,550] 肉醬 BUTTER [cal.460] Ø 牛油 OLIVE OIL [cal.480] Ø 橄欖油 TOMATO SAUCE [cal.460] Ø 蕃茄醬 ALFREDO SAUCE [cal.750] Ø 忌廉汁

CPKIDS 12 & under

Chicken, Pizza, Pasta or Salad with a choice of orange juice, apple juice. milk or chocolate milk

可選擇一款雞,薄餅,意大利粉或沙律, 加上一杯橙汁,蘋果汁,牛奶或朱古力奶

EACH CPKIDS MEAL GOES WITH ONE OF THE FOLLOWINGS 每個兒童餐可加配任何一款

FRESH FRUIT 新鮮水果

[cal.60]

FRESH SLICED PINEAPPLE AND RED SEEDLESS GRAPES 新鮮切片菠蘿及無籽提子

KIDS YOGURT

兒童酸乳酪

[cal.570]

Choice of flavor: Blueberry or Strawberry 可選擇藍莓或士多啤梨



⊘=VEGETARIAN

素食之潠 [see back page for details]

Look out for tracks scattered throughout the activity book, circling them along the way. Can you find each type of animal track?

試從工作紙上找出散落的動物蹤跡,你可以將它們全部找出來嗎?









RACCOON









小貓

臭鼬 小狗 小鹿 浣熊 狼 負鼠 火雞 1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day

for children 9 to 13 years, but calorie needs vary. 每人每日需要攝取的卡路里是因人而異,但根據一般資料,4至8歲的小朋友每日需要1,200 to 1,400卡路里,而9 to 13 years則每日需要1,400 to 2,000卡路里